

1926-2016

Христос Раждається!

Славім Його!

30-а неділя після Зіслання св. Духа—30th Sunday after Pentecost
31.1.2016

Christ is born!

Let us glorify Him!

Our parish this week

Цього тижня в нашій парафії

НИНІ: панахида + Вікторія Дудка

1.02.2016 (Monday) 10 a.m. Бож. Свята Літургія/ Divine Liturgy:
+Емілія Звездак

3.02.2016 (Wednesday) 11 a.m. Бож. Свята Літургія/ Divine Liturgy
+Михайло Лука (40-ий день)

1:00 p.m. Клуб Зустріч/Seniors' club

У великі залі – in the UC Centre

6:30 p.m. Rozmaj dancing instruction

7-8 p.m. Bible Study/Дискусія св. Письма

We will meet in the parish house/будемо стрічатися в парафіяльні хаті

5.02.2016 (Friday) 7 p.m. Вервиця/Rosary

6.02.2016 (Saturday) 2 p.m. Бож. Свята Літургія/ Divine Liturgy:
+George Werchola (40th day)



Парафіяльний відділ ЛУКЖК:

В неділю, 7-го лютого відбудуться сходи після Літургії;

Запрошуємо нових членкинь записатися;

Пригадуємо що час влатити членську вкладку до п-і Теплицької;

13-го лютого починаємо готуватися до Великоднього розпродажу!

Parish UCWLC:

Next Sunday the 7th, after Divine Liturgy we will hold a meeting of our branch;

We invite any new members to join us;

Annual membership should be paid to Mrs. Teplicky;

We begin preparing for the Easter food sale on February 13th.

Happy Birthday!

Вітаємо парафіян котрі цього тижня відзначають день народження. Greetings and best wishes to all our parishioners who celebrate their birthday this week: Andrew Pankiw (1st), Andrzej Kocan and Daria Marko (5th)

Многая літа !

Щире спасибі всім жертводавцям.

Jan. 24, 2016: Regular: \$ 930. Initial offering: \$5. Kolyada: \$10. Malanka raffle (Accessibility fund): \$325.

Thank you to all our kind donors!

90 years together in K-W

WE CARRY LIGHT



The Life-giving Spring

With so much strife in the world—war in Ukraine, Refugees perishing in desperate transit, global warming, economic strife, poverty, hunger . . .—we might feel overwhelmed by helplessness. We want to make a difference, but sometimes, with work, family, and our own issues, it seems hard enough just to get through the day. Really, what can we do? Can anything we do make a difference? YES!

Although seemingly insignificant, the smallest acts of thoughtfulness and caring, performed daily, are amazingly powerful. We see that hatred and fear are contagious, but beyond doubt, so too is kindness and compassion. The struggle between good and evil is ever-present, on a global scale as much as in our personal lives, but every act of caring is a triumph over greed, and each (even the tiniest) goodness joins all other goodnesses to sustain a vibrant light that pushes away darkness. God is love. Loving actions make God visible.

Imagine: you and I, and that guy who just took my parking spot, are engaged in a cosmic conflict (light sabres not included!). We do the best we can, under the circumstances we have. As members of our Faith community, let's remember that we can turn to each other for support; we are all in this life together and we need each other. Pope Francis calls us to positive action as well, for the earth and for each other.

➤ **Here are some reminders of a few ways we can continue to bring light to our world:**

1. Always, we can **pray**. But also, isn't it hard to always feel that our prayers make a difference? Let's remember that even non-religious evidence suggests that praying for another does provide some aspect of comfort to both the praying individual and the recipient of the prayer. There is power in placing someone in our consciousness and in our heart. There is power and strength in placing our consciousness into the presence of God.
2. Climate change is threatening the planet. We can show we care by ensuring we do our best to **reduce, recycle, and compost**. We can reduce waste in ways such as using cloth bags for groceries and reusable cups for coffee; we can avoid plastic and styrofoam. We can **buy local produce** as much as possible, and support local food production and markets.
3. **Buy Fair-Trade and ethically sourced coffee and chocolate**. We show that we care for others when we willingly pay a bit more for coffee that is not produced by what amounts to slave labour. (We can buy in bulk when FairTrade coffee is on sale!).
4. We might try **visiting someone who is lonely or ill**. It is wonderfully empowering to do something nice for another person.
5. We can (re)act with **empathy** towards others who are very different from us. We do not have to understand or agree with ways of being that are foreign to us, but we can respond with kindness.

The popular saying tells us that "those who bring sunshine into the lives of others, cannot keep it from themselves". How true!

When we're feeling down, let's remind ourselves that we are not alone, we are a community of light—we are people transfigured by love.

TOGETHER WE HONOUR OUR PAST AND BUILD FOR THE FUTURE!